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Dr. JONATHAN D. RUSS  
*Superintendent*

February 22, 2021

Dear Parents and Guardians:

Our school division is informing parents and guardians of Lord Botetourt High School that a student has tested positive for coronavirus disease 2019 (COVID-19). We understand this news is concerning and want to share our efforts to keep students and staff safe and healthy. At this time, we have not identified any close contacts to the positive individual. Lord Botetourt High School will remain **OPEN** during this time.

Parents should continue to monitor their child's health and the health of their families for [COVID-19 symptoms](#). Children with COVID-19 generally have mild, cold-like symptoms, such as fever, runny nose, and cough. Vomiting and diarrhea have also been reported in some children. Children with certain underlying medical conditions, such as chronic lung disease or moderate to severe asthma, serious heart conditions, or weak immune systems, might be at higher risk for severe illness from COVID-19. Contact your child's healthcare provider regarding any concerns.

If you or a family member has been exposed to or diagnosed with COVID-19, please report this to your school. Individuals who are confirmed to have COVID-19 are asked to isolate themselves from others and to assist health and school officials with identifying close contacts who may have been potentially exposed. Individuals who have been in close contact will be required to self-quarantine for 14 days from their last exposure to the positive individual. A negative test for COVID-19 during the self-quarantine time will not shorten the 14-day quarantine period.

The areas impacted by any potential exposure were cleaned following established protocols, including the use of EPA registered disinfectants. Schools continue to utilize Center for Disease Control and Prevention (CDC) recommendations on [Reopening Guidance for Cleaning and Disinfecting Public Spaces](#), to reduce viral transmission and keep our children and school personnel healthy and safe. Parents and family members can assist this effort by promoting healthy behaviors and following these practices:

- Stay home from school or work if sick, even if symptoms are mild.
- Wear a face covering in areas where physical distancing is difficult to maintain.

- Immediately wash your hands with soap and water for at least 20 seconds.
- Wash your hands often with soap and water for 20 seconds. If soap and water are not readily available, use an alcohol-based hand sanitizer that contains at least 60 percent alcohol.
- Avoid touching the eyes, nose, and mouth with unwashed hands.
- Clean and disinfect surfaces that are often touched.
- Avoid close contact with people who are sick.
- Take care of your health overall. Stay current on your vaccinations, including the flu vaccine, eat well, and exercise to help your body stay resilient.

The [Virginia Department of Health](#) provides information about COVID-19 and [frequently asked questions \(FAQ\)](#) from parents and concerned family members. The CDC offers [tips](#) to keep children healthy during this time. Additionally, the Virginia Department of Education published [COVID-19: A Parent Guide for School-Age Children](#), and provides additional considerations for [students with disabilities](#), [guidance for military families](#), and [social-emotional wellness for parents and caregivers](#).

Please see our updated [COVID Information](#) tab on our BCPS website for additional local and regional resources. Your health and safety are important to us and we will continue to work to keep you informed.

Sincerely,



Dr. Jonathan Russ  
Superintendent